

## I'd like to get involved in the Social Inclusion Project for the Penistone Area.

I'm interested in the following (tick all that apply):

- Keeping in touch by joining the mailing list
- Getting involved in the Good Neighbour Scheme
- Offering lifts to an older person who has no transport
- Becoming a travel companion
- Getting involved in a group activity
- Contributing my knowledge and ideas about social isolation
- Contributing in other ways

Name: .....

Address: .....

.....

Post code: .....

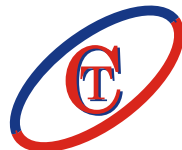
Phone number: .....

Email: .....

**Please return to: Age UK Barnsley**  
36a Queens Road  
Barnsley  
South Yorkshire  
S71 1AR



Registered Charity Number 1144123



Barnsley Dial-a-Ride



## Social Inclusion Project Penistone Area



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**No one should spend later life feeling alone and vulnerable. We want to make sure that no older person is forgotten or left to struggle on their own, wherever they live.**

## **The Social Inclusion Project**

There are over 4,000 people aged 65+ living in the Penistone area. For some people later life brings challenges that can lead to social isolation or loneliness. It might be due to poor health, difficulties getting out and about, living alone or simply not knowing about the variety of activities on offer or not being able to get to them. The Social Inclusion Project for the Penistone Area wants to prevent loneliness and isolation.

The Penistone Area includes Penistone town, Thurgoland, Cawthorne, Crow Edge, Cubley, Hood Green, Hoylandswaine, Ingbirchworth, Oxspring, Millhouse Green, Silkstone, Silkstone Common and Wortley.

## **What will the Social Inclusion Project do?**

The Social Inclusion Project will invite the community to get involved by contributing their knowledge and ideas and keeping an eye out for older people who may be experiencing loneliness and isolation.

It will gather together information about the **groups and activities** that are already available in the Penistone Area and find out where there are gaps. The project will support groups and activities that benefit older people, whether they are already running or new.

The **Good Neighbour Scheme** will provide practical and social 1:1 support for older people who need a bit of extra help. Examples include collecting shopping or a prescription when someone can't get to the shops, popping in to see someone if they're not well, doing a simple task in the house such as clearing snow or fallen leaves to keep someone safe.

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The **Transport Scheme** will provide lifts for older people who do not have their own car and are unable to use public transport. (Petrol expenses will be covered) It will also provide 'travel companions' for people who'd like to use public transport with a companion.

## **How can you get involved?**

There are lots of ways you can get involved in the Social Inclusion Project. You can join the Good Neighbour Scheme, offer to provide lifts in your car for someone who has no transport, tell us about what's already going on in your area and give us your ideas for what else is needed, come along to one of the project events or sign up to the mailing list to keep in touch.

We'd love to hear from you. If you'd like to get involved please contact us by phone, email or by filling out the tear-off form on the back.

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Barnsley S71 1AR

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